



Dementia Symptom Checklist

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Are you concerned about you or a loved one's changes in behavior? Use the checklist below to track their symptoms against signs of Dementia.

MEMORY PROBLEMS:

- I have trouble remembering events and people.
- I have difficulty learning new things.
- I struggle with repetitious questions/conversations.
- I often misplace items.
- I often get lost.

LANGUAGE ISSUES:

- I am confused by too many choices.
- I am not able to understand abstract concepts like time and numbers.
- My perception becomes cloudy.
- I confuse objects, sensations and recognition.
- I have a hard time with sequencing.

CONFUSED JUDGEMENT AND REASONING:

- I often lose my train of thought.
- I often use the wrong word.
- It's difficult finding the right words.
- I have trouble understanding the word choices of others.
- I have a shorter attention span.
- I am easily distracted.
- I have trouble concentrating on a task or even starting tasks.

If you've checked multiple boxes, you may want to visit your doctor to discuss your concerns.

To learn more about memory care, call 608-274-7900.